



# Parish of St. Joseph of the Palisades

6401 Palisade Ave. West New York, NJ 07093

(201) 854-7006 Fax: (201) 861-7799

E-mail: [info@saintjosephpalisades.com](mailto:info@saintjosephpalisades.com) Website: [www.saintjosephpalisades.com](http://www.saintjosephpalisades.com)

Served by: Rev. Helber Victoria, *Pastor*. Rev. Richard DeBrasi, Rev. José Luis Soto, Rev. Edinson E. Ramírez, Rev. Fernando Díaz; Rev. Msgr. Robert Harahan, Weekend Assistant

## Mass Schedule

### *St. Joseph*

#### Monday to Friday

8:30 am English

#### Monday to Friday

7:00 pm Spanish

#### Saturday

9:00 am Spanish

5:00 pm English

6:30 pm Spanish

#### Sunday

8:30 am Spanish

10:30 am Spanish-Main Church

10:30am Spanish-Lower Church

10:30 am Spanish-Com. Center

12:00 pm English

1:30 pm Spanish

6:00 pm Spanish

### **Office Hours:**

#### Monday to Friday

9:00 am—5:00 pm

Volunteers: 5:00—8:00 pm

#### Saturday & Sunday

9:00 am—1:00 pm



## 2<sup>ND</sup> SUNDAY OF LENT

“This is my beloved Son, with whom I am well pleased; listen to him.” - Mt 17:5b

“Este es mi Hijo muy amado, en quien tengo puestas mis complacencias; escúchenlo”. - Mt 17, 5

Excerpta from the Lectionary for Mass ©2001, 1999, 1970 CCD. Leccionario I ©1976 Comisión Episcopal de Pastoral Litúrgica de la Conferencia del Episcopado Mexicano.

GLPI

### **IHM Mass Schedule**

#### Saturday

4:00 pm Meditation Hour  
in the small Chapel

#### Sunday

10:00 am English

Confession between Masses

12:00 pm Spanish



Scan the adjacent barcode to open the Parish webpage.

Escanee el código de barras adjunto para acceder  
la página web parroquial.

## Immaculate Heart of Mary Chapel

76th Street & Broadway, North Bergen, NJ



**Academy of St. Joseph**  
**Principal, Mrs. Lauren Lytle**

6408 Palisade Avenue  
West New York, NJ 07093  
201-861-3227  
[stjosephpalisadeselem.com](http://stjosephpalisadeselem.com)

**Religious Education Office**

Assistant, Mrs. Laysa Mercedes  
6408 Palisade Avenue  
West New York, NJ 07093  
(201) 868-0305  
[religiously@saintjosephpalisades.com](mailto:religiously@saintjosephpalisades.com)

**Music Director:** Mr. Ramon Restituyo

**Pastoral Assistant:** Mr. Marco Guerrero

**Parish Administrative Assistant:** Nube Parra

**Parish Bookkeeper:** Mrs. Graciela Giacomello

**Parish Secretary:** Mrs. Millie Benitez

**Parish Trustee:** Mrs. Sydia Rodriguez

**MASS INTENTIONS FOR THE SECOND SUNDAY IN LENT  
INTENCIONES PARA EL SEGUNDO DOMINGO DE CUARESMA**

**March 4-5, 2023**

**ST. JOSEPH'S - 64<sup>TH</sup> Street**

**Saturday, March 4**

**5:00pm English** + For the People of the Parish

**6:30pm Spanish** + Ramon Urueta/Aurora Cantillano  
+ Juan y Alberto Chavarria/Dhiznory Gallo

**Sunday, March 5**

**8:30am Spanish** Almas del Purgatorio/Amparo y hijos  
+ German Lopez/Hijos

**10:30am UC Spanish** + Ricardo y Clara Muniz/Gisela Muniz  
+ Jesus Ramiro Pineda/Hermanos

**10:30am LC Spanish** + Abram Lopez/Hermana Lopez  
+ Ana Maria Meza/Sissi Torres

**12:00pm** + Wilfredo Moiron/Delsa Casteo

**1:30pm Spanish** + Juan Antonio Tejada/Maria Tejada  
+ Emma Rosa Valencia/Dario Idarraga

**6:00pm Spanish** + Mariana Araujo/Hija  
+ Por las necesidades de la Familia Flores Linares/Santa Flores

**Monday, March 6**

**8:30am** + Mary Barry/Ruth Pizzo  
+ Luke Marquez/Vivian Hernandez

**7:00pm Spanish** En agradecimiento al Divino Niño/Familia D. Mena  
Por cumpleaños de María Montoya/Paula

**Tuesday, March 7**

**8:30 am** Por la salud de Inelda Petit/Sydia Rodríguez  
Por la salud de Deborah Montesino/Sydia Rodríguez

**7:00pm Spanish** + Héctor y Agustina Ramírez/Familia  
+ Angelita Chavez/Roger Salazar, Jr.

**Wednesday, March 8**

**8:30am** + Angie Amato/Mary Ann Amato  
+ Deceased members of the Capote Family/Beatrice Capote

**7:00pm Spanish** + Gastón Sánchez/Roger Salazar, Jr.  
+ David Morales/Madre

**Thursday, March 9**

**8:30am** + For all deceased priests and religious

**7:00pm Spanish** + Clara Zapateiro/Clara Zapateiro  
+ Hugo Enriquez/Ines Montero

**Friday, March 10**

**8:30am** + Richard Halliday/Donna Zerbo  
+ Piccio Family/Donna Zerbo

**7:00pm Spanish** + Alicia Hidalgo/Teresita Diaz  
Por el bienestar de la Familia Villar, Abreu, Then/Paula Then

**Saturday, March 11**

**9:00am Spanish** Community Mass

**IMMACULATE HEART OF MARY**

**Sunday, March 5**

**10:00am** + Maria Victoria Hernandez/Gladys Ricardo  
+ Michael Piccio/Donna Zerbo

**12:00pm Spanish** + Altagracia y Virgilio Espinal/Familia  
+ Luis Sánchez/Martha Sánchez

**COMMUNITY CENTER**

**Sunday, March 5**

**10:30am Spanish** + Por Sacerdotes y Religiosos fallecidos

**INSPIRATION FOR THE WEEK**

We have been tasked with the awesome responsibility of bearing witness to Jesus transfigured. We have seen what is real. We have heard what is true. Do we have the courage to rise, and not be afraid? -*CLPi*

**Sacrament of Baptism - Sacramento de Bautismo:**

Sundays with prior registration. Call the rectory for information.

*Domingos con inscripción previa. Para información llame a la rectoría.*

**Sacrament of Reconciliation - Confesiones:**

Saturdays/Sábados: 4:00 p.m. - 4:45 p.m.

Monday to Friday/Lunes a Viernes 6:00 p.m.-7:00 p.m.

**Sacrament of Matrimony - Matrimonios:**

Registration one year prior to the date of marriage. Call the Rectory for appointment.

*Registrarse un año antes de la boda.*

*Llamar a la rectoría para una cita.*

**Pastoral Care of the Sick - Enfermos:**

Family member must call the Rectory to notify a priest.

*Un familiar debe llamar a la rectoría para informar al sacerdote.*

**Funerals - Funerales:**

All deceased Catholics are to have a funeral Mass before being buried. Arrangements made through the Funeral Home.

*Todo difunto católico debe ser llevado a la iglesia para la Misa de Funeral antes de recibir cristiana sepultura. Arreglos a través de la funeraria.*

**Religious Education - Catequesis:**

English: Sunday 10:45 a.m.

Academy of St. Joseph

Español: Domingos, 9:15 a.m.

Academy of St. Joseph

**Parish Membership - Miembros de la Parroquia:**

Every Catholic family should register in the parish.

*Todo católico debe registrarse en la parroquia.*

**Readings for the week of**

**March 5, 2023**

**Sunday:** Gn 12:1-4a/Ps 33:4-5, 18-19, 20, 22 (22)/2 Tm 1:8b-10/Mt 17:1-9

**Monday:** Dn 9:4b-10/Ps 79:8, 9, 11 and 13/Lk 6:36-38

**Tuesday:** Is 1:10, 16-20/Ps 50:8-9, 16bc-17, 21 and 23/Mt 23:1-12

**Wednesday:** Jer 18:18-20/Ps 31:5-6, 14, 15-16/Mt 20:17-28

**Thursday:** Jer 17:5-10/Ps 1:1-2, 3, 4 and 6/Lk 16:19-31

**Friday:** Gn 37:3-4, 12-13a, 17b-28a/Ps 105:16-17, 18-19, 20-21/Mt 21:33-43, 45-46

**Saturday:** Mi 7:14-15, 18-20/Ps 103:1-2, 3-4, 9-10, 11-12/Lk 15:1-3, 11-32

# Patronal Celebration of St. Joseph



## 24 Hours of Prayers:

Starting on Friday, March 17 at the 7:00 p.m. Mass in the Main Church until Saturday, March 18 at the 5:00 p.m. Mass.

Mini-Concert: 6:00 p.m.

&

## Dinner in honor of St. Joseph

to follow after the 6:30 p.m. Mass in the Community Center.

Tickets: \$35.00 Adults; \$15.00 Children under 12 (Includes dinner, refreshments & entertainment)

## \* Fiesta Patronal de San José \*

### 24 Horas de Oración:

A partir del Viernes, 17 de marzo con la Misa de 7:00 p.m. en la Iglesia Principal culminando el Sábado, 18 de Marzo con la Misa de 5:00 p.m.

Mini Concierto: 6:00 p.m.

y

### Fiesta y Cena en Honor a San José

Después de la Misa de 6:30 p.m., en el centro comunitario.

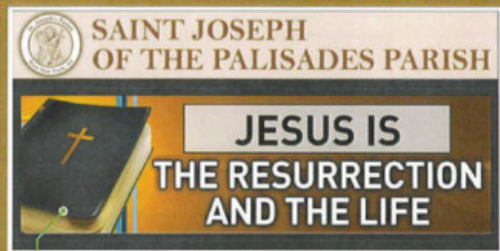
Tickets: \$35.00 Adultos; \$15 Niños menores de 12 (Incluye comida, refrescos y entretenimiento)



# Coming this year



## Gran Apertura para este año



TUFFAIRS SL vandal cover in front of the LED display protects from impacts and the sun.



## Donate Online



Did you know that you can  
**DONATE ONLINE?**

- Make your contribution in seconds! Anytime or anywhere; even from your phone!
- Rest assured that your donations are one hundred percent safe.

*To make your donation, scan the adjacent barcode to open the parish webpage.*



¿Sabia usted que puede  
**DONAR POR INTERNET?**

- ¡Haga su contribución en segundos! ¡A cualquier hora o en cualquier lugar, incluso desde su teléfono!
- Tenga en cuenta que su información esta segura si dona online.

*Para hacer su contribución, escanee el código de barras adjunto para acceder a la página web parroquial.*

## Sunday Reflection

### Second Sunday in Lent



Anyone who has ever crossed a desert, whether for real or just in the sense of a difficult situation, knows about danger and uncertainty. Sometimes we are as skeptical and uneasy as a blind person that depends on the eyes of another to cross a noisy street, with the feeling that our faith is completely or almost gone. To experience doubt, especially during a crisis or an excruciating pain, is not necessarily the end of faith or something that should produce excessive guilt. The best theologians, saints, prophets, etc., show us a distinction

between what we might call a reasonable doubt born of astonishment or perplexity (*dubium admirationis*), and a doubt born of an unreasonable or uninformed—or even misinformed—skepticism. The former is a healthy hesitation we all can relate with in the face of something that tests our limits or can't be fully explained. In this case, doubt produces a kind of "back and forth" tension between two things. An example would be what Mary suffered as she stood between her unshakable certainty of her son's divine majesty and the dark despair of the Cross that finds no full and satisfying human explanation; or when Mary stands before the angel Gabriel and asks "how will this happen"? Even faith must seek understanding. Another example would be the depression and discouragement of the prophet Elijah despite many signs and confirmations of his faith when he hides inside a cave. No human being is beyond this kind of insecurity, since faith implies a limited vision of the road ahead. Doubt becomes serious and grave when, above all, some sign or word is given before my eyes with sufficient clarity as coming from God and yet choose not to say "yes," almost defying God with a hardness of heart as if I were in a position of a referee. An example would be King Ajaz during a moment of great insecurity, who instead of asking for a divine sign and going deeper into it, ends up resorting to the security of a human and pagan pact using false piety as an excuse ("I will not ask for a sign, I will not tempt God."). Both kinds of doubt are always a possibility given our human weakness and limitations, and also because faith has to be a *free* decision on our part. Doubt can always be permitted and used by God to strengthen faith provided we also seek. As Cardinal Newman says, "Ten thousand difficulties do not make a doubt."



## Golden Age Club Meeting

Tuesday, March 7

2:00 p.m.

Auditorium

All those "young at heart" are invited to spend an enjoyable afternoon.



## QUESTIONS OF THE WEEK

### First Reading:

Abram left behind his land and home, trusting in the Lord's promise to make him a great nation with many blessings. In what ways have you needed to trust in the Lord during this season of Lent?

### Second Reading:

Paul tells Timothy to "bear your share of hardship for the gospel with the strength that comes from God." When have you needed to draw upon God's strength in your life?

### Gospel:

In the transfiguration, Peter, James, and John witnessed the divinity of Jesus: "This is my beloved Son, with whom I am well pleased; listen to him." Why do you suppose Jesus instructed the disciples not to tell anyone until after his death and resurrection?

## Tax Statement

To obtain a statement of your contribution to the parish during the year 2022, please fill out the following and return to the parish office or you may deposit it in the collection basket.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone #: \_\_\_\_\_

Envelope #: \_\_\_\_\_



## Second Sunday in Lent



### Entrance

#### In These Days of Lenten Journey

##### *Refrain*

*In these days of Lenten journey, we have seen and we have heard the call to sow justice in the lives of those we serve.*

We reach out to those who are homeless, to those who live without warmth. In the coolness of evening we'll shelter their dreams; we will clothe them in mercy and peace.

##### *Refrain*

We open our eyes to the hungry and see the faces of Christ. As we nourish all people who hunger for food, may their faith in our God be renewed.

##### *Refrain*

### Liturgy of The Word

First Reading: Genesis 12: 1-4a

Responsorial Psalm: **Lord, let your mercy be on us, as we place our trust in you.**

Second Reading: 2 Timothy 1: 8b-10

Gospel Acclamation: **Praise to you, Lord Jesus Christ, King of endless glory!**

Gospel: Matthew 17: 1-9

Homily.

### Offertory

#### I Heard the Voice of Jesus Say

I heard the voice of Jesus say,  
"Come unto me and rest; Lay down,  
O weary one, lay down your head upon my breast."

I came to Jesus as I was, so weary worn and sad;  
I found in him a resting place, and he has made me glad.

I heard the voice of Jesus say,  
"Behold, I freely give the living water; thirsty one,  
stoop down, and drink, and live."

I came to Jesus, and I drank of that life-giving stream;  
my thirst was quenched, my soul revived,  
and now I live in him.

### Communion

#### Transfigure Us, O Lord

##### *Refrain*

*Transfigure us, O Lord, transfigure us, O Lord.  
Break the chains that bind us; speak your healing  
word, and where you lead we'll follow.  
Transfigure us, O Lord.*

Down from heights of glory into the deaths below,  
the love of God self-emptied,  
the love of God to show.  
You light the path before us,  
the way that we most go.

##### *Refrain*

Light for those in darkness,  
the hungry have their fill,  
glad tidings for the humble, the healing of all ills;  
in these we glimpse your glory,  
God's promises fulfilled.

##### *Refrain*

Pardon for the sinner, a shepherd for the sheep,  
a drink a living water for all who thirst and seek,  
and feasting at your table, the lowly and the least.

##### *Refrain*

### Recessional

#### Forty Days and Forty Nights

Forty days and forty nights  
You were fasting in the wild;  
Forty days and forty nights  
Tempted and yet undefiled.

Shall not we your sorrow share  
And from worldly joys abstain,  
Fasting with unceasing prayer,  
Strong with you to suffer pain?

Then if Satan on us press,  
Flesh or spirit to assail,  
Victor in the wilderness,  
Grant we may not faint nor fail!



## II Domingo de Cuaresma



### **Canción de Entrada**

#### **Dios No Quiere la Muerte**

##### ***Estrillo:***

*Dios no quiere la muerte del pecador,  
sino que viva, que se convierta,  
que se convierta y que viva.*

Tu palabra es luz que me ilumina.  
Tu palabra es pan que me alimenta.  
Con tu cuerpo y sangre me confortas,  
y me haces vivir tu misma vida.

Voy sediento buscando el agua viva,  
como ciego, ansió ver tu luz.  
Siento heridas de muerte, mas no temo,  
porque sé que contigo viviré.

### **Liturgia de la Palabra**

Primera Lectura: Génesis 12, 1-4

Salmo Responsorial: **Que tu misericordia,  
Señor, venga sobre nosotros, como lo  
esperamos de ti.**

Segunda Lectura: 2 Timoteo 1, 8-10

Aclamación: **Alabanza a ti, oh Cristo, Rey de  
eterna gloria.**

Evangelio: Mateo 17, 1-9

### **Canción de Ofertorio**

#### **Tanto Amó Dios al Mundo**

##### ***Estrillo:***

*Tanto amó Dios al mundo, que entregó a su hijo único.  
Todos los que crea en él tendrán vida para siempre.*

Como busca la cierva el agua viva,  
así mi alma te busca a ti, Dios mío.

Mi alma tiene sed de Dios, del Dios vivo,  
¿cuándo entraré a ver el rostro de Dios?

Nuestros ojos están aguardando,  
y nos das la comida a su tiempo.

### **Canción de Comunión**

#### **El Señor Es Tierno y Compasivo**

##### ***Estrillo:***

*El Señor es tierno y compasivo,  
El perdona nuestras faltas.  
El Señor es tierno y compasivo,  
no abandona al pecador.*

Misericordia, Dios mío, borra todos mis pecados.  
Lávame de mis delitos; dame un nuevo corazón.

Pues yo reconozco mi culpa,  
pienso siempre en mi pecado.  
Contra ti, contra ti he pecado.  
Cometí lo que aborreces.

3- Crea en mi un nuevo corazón,  
y renuévame por dentro con el Santo Espíritu.

4- No me arrojes lejos de tu presencia.  
No me quites nunca el Santo Espíritu.

### **Canción de Salida**

#### **Misericordia, Señor**

*Misericordia, Señor, por tu bondad, misericordia...  
(bis)*

Piedad de mí, Señor, por tu bondad,  
por tu inmensa ternura borra mis pecados.  
Lávame de todos mis delitos  
y de mis culpas purifícame.

Crea en mi un nuevo corazón,  
un espíritu nuevo pon dentro de mí.  
No me rechaces lejos de tu rostro  
y no retires de mí tu Santo Espíritu.



# Candle in Honor of St. Joseph

Donation: \$10.00

Candles will be displayed in front of the altar during the 24 Hours of Prayer that will begin on

**Friday, March 17**

at the 7:00 p.m. Mass.

Candles will remain in the church until they burn out.

Stop by the Parish Office to reserve your candle.



## Stations of the Cross

Every Friday during Lent

6:00 p.m.

Main Church



## They're Coming Back!

The Franciscan Mystery Players are returning to IHM. Are you ready for the journey? FMP will again present The Way of the Cross. Watch bulletin for date and time.



### Vascular & Organ Wellness Ultrasound Screenings St. Joseph of the Palisades Parish

Monday, Tuesday, Wednesday & Thursday, March 13, 14, 15 & 16

Please call 832-437-7355 for your appointment. Appointments are limited due to our COVID safety procedures.

#### Do You Have Any of These Risk Factors?

High Blood Pressure • High Cholesterol • Family History of Stroke, Heart Attack, Aortic Aneurysms or Cancer  
Diabetes • Atrial Fibrillation • Obesity

The first symptom of a stroke IS a stroke! Early detection helps to save lives. Manage these controllable risk factors: smoking, unhealthy diet, physical inactivity, excessive weight, and alcohol consumption.



**Stroke Risk Screening**  
Ultrasound of the carotid artery looking for plaque or blocked arteries.



**Liver Screening**  
Ultrasound looking for physical lesions such as masses or tumors.



**Abdominal Aortic Aneurysm Screening**  
Ultrasound of the abdominal aorta looking for an aneurysm.



**Kidneys (2) Screening †**  
Ultrasound looking for physical lesions such as cysts, masses and stones.



**Thyroid Screening †**  
Ultrasound looking for physical lesions such as nodules or cysts.



**Gallbladder Screening †**  
Ultrasound looking for physical lesions such as polyps, stones, and sludge.

### Total Discounted Package: All 7 Ultrasounds for \$169

Savings of \$174; Appointments: 832-437-7355; † No substitutions or discounts allowed

#### Additional Testing Available\*

- A1c (Diabetes) \$25
- Lipids/Cholesterol \$25
- VTD (Vitamin D) \$45
- PSA (Prostate) \$45
- TSH (Thyroid) \$45
- CRP - (Cardiac/Inflammation) \$45
- GGT (Liver Enzyme) \$45
- CRE (Kidney Creatinine Serum) \$45
- TTE (Testosterone) \$45
- Bone Density (T-Score) \$25

\*These additional tests are not included in the Total Package cost and may not be available in all regions.



For blood package pricing, open phone camera, hover over QR code and tap the link.

#### Screening Preparations

- Wear a two-piece comfortable outfit.
- No food or caffeine 4 hours prior to screening.
- If you are diabetic, make sure to eat a light meal.
- If you are taking medication, continue to take it.

Saving Lives Since 2001!



Results read by a Board-Certified Radiologist and mailed directly to you in 3-4 weeks. Life threatening results expedited. Unless you are symptomatic, typically, your doctor will not order diagnostic versions of these screenings and insurance companies may not pay for them. Please note that there is a 350 lb. weight limit on the medical screening tables. Stroke Scan Plus [www.strokescan.com](http://www.strokescan.com) (ENG 031821)

## 2023 Anniversary Liturgies



The Archdiocese of Newark is once again preparing the annual tradition of honoring those couples in our Archdiocese who will be celebrating five, twenty-five an fifty years of valid marriage for the Catholic faithful in the year 2023.

These anniversary liturgies will be held in the Cathedral Basilica of the Sacred Heart in Newark as follows below. The 50th Anniversary Mass will be celebrated by Cardinal Joseph Tobin. The 5th and 25th Anniversary Mass will be celebrated by Bishop Greg Studerus.

April 16, 2023 - 3:00 p.m. - 50 years (All counties)

May 7, 2023 - 3:00 p.m. - 5 & 25 years (All counties)

It is our desire that every couple in the Archdiocese deserving of such recognition be present at the appropriate liturgy. The presence of these couples will be a tender witness to the strength and stability of Christian marriage in today's society.

Any couple who would have celebrated their Silver or Gold anniversary in the years 2020, 2021 and 2022 may still join us as well (the certificates will still say Silver or Gold.)

Please call the parish office for more information and to register for the anniversary mass.



## Confessions

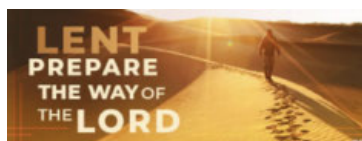
St. Joseph's

Monday to Friday

6:00 p.m.—6:45 p.m.

Saturday

4:00 p.m. — 4:45 p.m.





## Reflexión del Domingo

### Segundo Domingo de Cuaresma



Muchos que han cruzado algún desierto en sentido incluso literal y real, saben que es un lugar de peligros y incertidumbre. A veces uno está en la posición de un ciego desconfiado, con la sensación que perderá la propia Fe en cuanto que carece de una visión total del camino. Sucumbir a la duda en nuestra vida, especialmente en estas situaciones extremas, no es algo por lo cual debemos sentir culpabilidad. Cometemos un error cuando reducimos cualquier duda a algo siempre grave y reprochable según la mirada de Dios. Hay una gran diferencia, según los mejores teólogos de la Iglesia y muchos ejemplos bíblicos, entre lo que podemos llamar una duda razonable y natural, que nace de una admiración o el asombro (*dubium admirationis*), y la duda que nace de una incredulidad o infidelidad, una duda no razonable (*dubium infidelitatis*). La primera es una sana desconfianza, humanamente entendible, que nace de una aflicción o una claridad no completa ante alguna situación dolorosa, o algo que no podemos explicar del todo. En estos casos, la duda produce en nosotros un "vaivén" o tensión entre dos cosas como parte del asombro o la limitación humana. Un ejemplo sería lo que María sufrió entre la incommovible certidumbre de la Majestad divina y providencia de su hijo y la oscura abyección de la Cruz que humanamente carece de un sentido contundente o explicación satisfactoria; lo mismo cuando ante el ángel Gabriel María pregunta "y como será esto"? La Fe, por mas "fiel" que sea, nunca puede ser ciega del todo. Tiene que apoyarse en *algún* indicio, por más mínimo o parcial que sea. Otro ejemplo será la depresión y desconfianza de un profeta Elías o las quejas desconfiadas de Jeremías. Ningún ser humano está por encima de esta inseguridad en cuanto que la Fe implica un entendimiento limitado. La duda que es grave y malsana se da sobretodo cuando algún signo o palabra se presenta ante mis ojos con la *suficiente* claridad que proviene de Dios y sin embargo no doy un "sí," casi desafiando a Dios con un corazón duro como si estuviera en posición de árbitro. Un ejemplo será el rey Ajaz en un momento de crisis interior, que en lugar de pedir una señal divina y profundizarse en ella, terminó acudiendo a la seguridad de un pacto humano y pagano, usando como excusa una falsa devoción religiosa ("no la pediré, no tentaré a Dios"). Ambas dudas son siempre una posibilidad dado nuestra debilidad y limitación humana, y porque la Fe tiene que ser una decisión *libre* de nuestra parte. Pero lejos de ser siempre pecaminosa y un motivo de culpa para un creyente, la duda puede ser algo usado por Dios para robustecer la Fe. Como dice el Cardenal Newman, "Diez mil dificultades no hacen una duda."

## Club de la Edad de Oro



Invita a su próxima reunión que se llevará a cabo el **Martes, 7 de Marzo**, a las 2:00 p.m. en el Auditorio.



## PREPARACIÓN A LA CELEBRACIÓN DE SAN OSCAR A. ROMERO

Invitamos a todos los miembros de la comunidad Salvadoreña a una reunión de preparación para la fiesta de San Oscar Romero el día

**Miércoles, 8 de Marzo, a las 7:30 p.m.**

Parroquia San José de Palisades  
6401 Palisade Avenue, West New York, New Jersey

## Retiro Cuaresmal

"Los Tres Pilares de la Cuaresma  
Oración, Ayuno y Caridad"



**Domingo, 12 de Marzo**

Empezando con la Eucaristía de 10:30 a.m.

**Centro Comunitario**

**Predicadores: Padre Danny Pabon,  
Padre Alex Gaitán, CMS, y Juan Paulino**

**Donación: \$15 (Incluye almuerzo)**

**Música, Predicación y Hora Santa**

Para más información llamar a la Oficina Parroquial (201) 854-7006.



# Vela en Honor a San José

Donación: \$10.00

Las velas estarán frente al altar durante las 24 Horas de Oración que comienza el

**VIERNES 17 DE MARZO**

en la Misa de las 7:00 p.m.

Las velas permanecerán en la iglesia como ofrenda a San José.

Pase por la Oficina Parroquial para reservar la suya.

La Parroquia San José de Palisades

**Te Invita a disfrutar con tu Familia y Amigos un día de Diversión y Paseo en Dorney Park.**

**Julio 8, 2023**

8:00 AM Salida en el Parqueadero

**Dorney Park & Wildwater Kingdom**

**\$75 USD**  
Por Persona

Incluye: Bus Ida y Vuelta y entrada al Dorney Park.



*"No Refundable - Registración por orden de llegada."*  
Información: Fr Edinson O. Oficina Parroquial.

## Declaración Para Los Impuestos

Para obtener una declaración de sus contribuciones a la parroquia durante el año 2022, favor llene lo siguiente y devuelvalo a la oficina o deposítelo en la cesta de la colecta.

Nombre: \_\_\_\_\_

Dirección: \_\_\_\_\_

Telefono: \_\_\_\_\_

Número de Sobre: \_\_\_\_\_



¡Felicidades!

Con mucho afecto extendemos nuestros más sinceros deseos de felicidad al Padre José Luis Soto con motivo del aniversario de sus 43 años de sacerdocio.

¡Bendiciones P. José Luis!



## Via-crucis

Viernes durante Cuaresma  
Después de la Misa de 7:00 p.m.  
Capilla de San José



### Exámenes Preventivos de Ultrasonido Pronto en su Iglesia

Llamar al 832-437-7355 para hacer su cita. Citas limitadas debido a los procedimientos del protocolo de COVID-19.

¿Tiene Usted Algunos de Estos Factores de Alto Riesgo Para Enfermedades Cardiovasculares?  
Tensión Arterial Alta • Colesterol Alto • Historial Familiar de Ataque Cerebral, Ataque del Corazón, Aneurisma Aórtico o el Cáncer • Diabetes • Fibrilación Auricular • Obesidad

¡El primer síntoma del derrame cerebral ES un derrame! La detección temprana ayuda salvar vidas. Maneje estos riesgos controlables: fumar, dieta mala, falta de ejercicio, peso excesivo, y consumo excesivo de alcohol.



**Riesgo de Derrames Cerebrales**  
Ultrasonido de las arterias carótidas buscando placas o bloqueos.



**Examen del Hígado**  
Ultrasonido en donde se buscan lesiones físicas como masas o tumores.



**Aneurisma Aórtico Abdominal**  
Ultrasonido de la aorta abdominal buscando aneurisma.



**Examen de los Riñones (2) †**  
Ultrasonido en donde se buscan lesiones físicas como quistes, masas y cálculos renales.



**Examen de las Tiroides †**  
Ultrasonido en donde se buscan lesiones físicas como nódulos o quistes.



**Examen de la Vesícula †**  
Ultrasonido en donde se buscan lesiones físicas como pólipos, cálculos y lodo.

### Paquete de 7 Exámenes de Ultrasonido Por \$169

Es un Ahorro de \$174; Citas: 832-437-7355; † No se permiten sustituciones o descuentos

#### Exámenes Adicionales Disponibles (costo adicional) \*

- A1c (Diabetes) \$25
- Lípidos/Colesterol \$25
- VTD (Vitamina D) \$45
- PSA (Próstata) \$45
- TSH (Tiroides) \$45
- CRP (Inflamación Cardiovascular) \$45
- GGT (Enzimas Hepáticas) \$45
- CRE (Creatinina Sérica) \$45
- TTE (Testosterona) \$45
- Densidad Ósea (T-Score) \$25

\*Estos exámenes no están incluidos en Paquete Completo (son con costo adicional) y no son disponibles en todos los estados.



Más exámenes disponibles. Apunte su cámara al código QR. Presione el enlace que aparece.

#### Preparación:

- Usar ropa de dos piezas cómodas.
- No comer nada o tomar cafeína 4 horas antes de los análisis.
- Ayunar 8 horas antes de la prueba de colesterol.
- Si es diabético, COMA.
- Si toma algún medicamento, continúe tomándolo.

¡Salvando Vidas Desde el 2001!



Los resultados son hechos por un radiólogo certificado de la Junta Médica y enviados directamente a usted entre 3-4 semanas. Si los resultados amenazan su vida, se acelerará la entrega. Al momento que usted ya presente síntomas, por lo general, su médico no ordenará las variaciones diagnósticas de estos exámenes y las compañías de seguros no pagar por ellos. Límite de 250 líneas en las cartas de los exámenes. Stroke Scan Plus [www.strokescan.com](http://www.strokescan.com) (EPA 41521)

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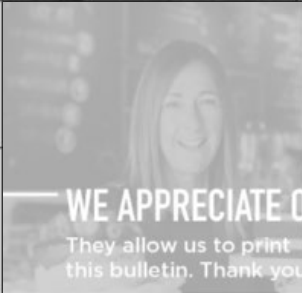
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