



Parish of St. Joseph of the Palisades

6401 Palisade Ave. West New York, NJ 07093

(201) 854-7006 Fax: (201) 861-7799

E-mail: info@saintjosephpalisades.com Website: www.saintjosephpalisades.com

Served by: Rev. Helber Victoria, *Pastor*. Rev. Richard DeBrasi, Rev. José Luis Soto, Rev. Edinson E. Ramírez, Rev. Fernando Díaz; Rev. Msgr. Robert Harahan, Weekend Assistant

Mass Schedule

St. Joseph

Monday to Friday

8:30 am English

Monday to Friday

7:00 pm Spanish

Saturday

9:00 am Spanish

5:00 pm English

6:30 pm Spanish

Sunday

8:30 am Spanish

10:30 am Spanish-Main Church

10:30am Spanish-Lower Church

10:30 am Spanish-Com. Center

12:00 pm English

1:30 pm Spanish

6:00 pm Spanish

Office Hours:

Monday to Friday

9:00 am—5:00 pm

Volunteers: 5:00—8:00 pm

Saturday & Sunday

9:00 am—3:00 pm



7TH SUNDAY IN ORDINARY TIME

"I say to you, love your enemies and pray for those who persecute you." - Mt 5:44

"Yo, en cambio, les digo: Amen a sus enemigos, hagan el bien a los que los odian y rueguen por los que los persiguen y calumnian". - Mt 5, 44

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. Leccionario I ©1976 Comisión Episcopal de Pastoral Litúrgica de la Conferencia del Episcopado Mexicano.

CLP

IHM Mass Schedule

Saturday

4:00 pm Meditation Hour
in the small Chapel

Sunday

10:00 am English

Confession between Masses

12:00 pm Spanish



Scan the adjacent barcode to open the Parish webpage.

Escanee el código de barras adjunto para acceder
la página web parroquial.

Immaculate Heart of Mary Chapel

76th Street & Broadway, North Bergen, NJ



Academy of St. Joseph
Principal, Mrs. Lauren Lytle

6408 Palisade Avenue
West New York, NJ 07093
201-861-3227

stjosephpalisadeselem.com

Religious Education Office

Assistant, Mrs. Laysa Mercedes
6408 Palisade Avenue
West New York, NJ 07093
(201) 868-0305

religiously@saintjosephpalisades.com

Music Director: Mr. Ramon Restituyo

Pastoral Assistant: Mr. Marco Guerrero

Parish Administrative Assistant: Nube Parra

Parish Bookkeeper: Mrs. Graciela Giacomello

Parish Secretary: Mrs. Millie Benitez

Parish Trustee: Mrs. Sydia Rodriguez

**MASS INTENTIONS FOR THE SEVENTH SUNDAY IN ORDINARY TIME
INTENCIONES PARA EL SEPTIMO DOMINGO DE TIEMPO ORDINARIO**

**February 18-19, 2023
ST. JOSEPH'S - 64th Street**

Saturday, February 18

5:00pm English + Pat & Mike Viola/Deborah Viola & Family
+ Esteban Ortiz/Maria & Family

6:30pm Spanish + Julio Diaz/Daisy Diaz
Intenciones de Danny Polo/Madre, Nelly

Sunday, February 19

8:30am Spanish + Aurelio Restrepo/Amparo e hijos
+ Francisco Mendez/Esposa

10:30am UC Spanish + Guillermo Iglesias/Ignacia Morelos
+ Guadalupe Herrera/Candida Tapia

10:30am LC Spanish + Fabio Pineda/Hermanos
Por cumpleaños de Tatiana Ramirez/Hermano, Edinson

12:00pm + Antoinette Amato/Mary Ann Amato

1:30pm Spanish Por la salud de Marleny y Olga Pineda/Olga
+ Nidia Ramos/Hija, María Tejada

6:00pm Spanish Por la comunidad de San José

Monday, February 20 - All Presidents' Day

9:00am + Pedro Forero/Familia

Tuesday, February 21

8:30 am + Aida Hernandez/Son, Ricardo
+ Maria Hroncich/Maria Picinic

7:00pm Spanish + Héctor y Agustin Ramírez/Familia
+ Adela Rodríguez/Lali Aracena

Wednesday, February 22 - Ash Wednesday

8:30am + Ignatius Pizzo/Wife, Ruth Pizzo
+ McCormack-Johnson Family/Ruth McCormack

7:00pm Spanish + Walter Salazar/Roger Salazar, Jr.
+ Rolando Muñoz/Rosario Espinosa

Thursday, February 23

8:30am For the Deceased Priests and Religious Sisters

7:00pm Spanish Cumpleaños de Willy Ros/Laida Ros
Cumpleaños de Amanda Ros/Laida Ros

Friday, February 24

8:30am + Cathy Sorge/Donna Zerbo
+ Joseph Zerbo, Jr./Donna Zerbo

7:00pm Spanish + Ana Rosa Hidalgo/Teresita Diaz
+ Wilfredo de Morel/Teresita Diaz

Saturday, February 25

9:00am Spanish Community Mass

IMMACULATE HEART OF MARY

Sunday, February 19

10:00am + Andrew Carcich/Maria Carcich
+ Albert & Frances LaSalvia/Donna Zerbo

12:00pm Spanish + Margarita y Asunción Chauca/María Puma
35 Aniv. de Boda de María y Juan Martinez

Wednesday, February 22—Ash Wednesday

8:00am + Cecilia Galeano Londono/Graciela Giacomello
+ Familia Torres Giacomello/Graciela Giacomello

COMMUNITY CENTER

Sunday, February 19

10:30am Spanish + Rolando Urueta/Modesto Urueta

Sacrament of Baptism - Sacramento de Bautismo:

Sundays with prior registration. Call the rectory for information.

Domingos con inscripción previa. Para información llame a la rectoría.

Sacrament of Reconciliation - Confesiones:

Saturdays/Sábados: 4:00 p.m. - 4:45 p.m.

Monday to Friday/Lunes a Viernes 6:00 p.m.-7:00 p.m.

Sacrament of Matrimony - Matrimonios:

Registration one year prior to the date of marriage. Call the Rectory for appointment.

Registrarse un año antes de la boda.

Llamar a la rectoría para una cita.

Pastoral Care of the Sick - Enfermos:

Family member must call the Rectory to notify a priest.

Un familiar debe llamar a la rectoría para informar al sacerdote.

Funerals - Funerales:

All deceased Catholics are to have a funeral Mass before being buried. Arrangements made through the Funeral Home.

Todo difunto católico debe ser llevado a la iglesia para la Misa de Funeral antes de recibir cristiana sepultura. Arreglos a través de la funeraria.

Religious Education - Catequesis:

English: Sunday 10:45 a.m.

Academy of St. Joseph

Español: Domingos, 9:15 a.m.

Academy of St. Joseph

Parish Membership - Miembros de la Parroquia:

Every Catholic family should register in the parish.

Todo católico debe registrarse en la parroquia.

**Readings for the week
of February 19, 2023**

Sunday: Lv 19:1-2, 17-18/Ps 103:1-2, 3-4, 8, 10, 12-13 (8a)/
1 Cor 3:16-23/Mt 5:38-48

Monday: Sir 1:1-10/Ps 93:1ab, 1cd-2, 5/Mk 9:14-29

Tuesday: Sir 2:1-11/Ps 37:3-4, 18-19, 27-28, 39-40/
Mk 9:30-37

Wednesday: Jl 2:12-18/Ps 51:3-4, 5-6ab, 12-13, 14 and 17/
2 Cor 5:20—6:2/Mt 6:1-6, 16-18

Thursday: Dt 30:15-20/Ps 1:1-2, 3, 4 and 6/Lk 9:22-25

Friday: Is 58:1-9a/Ps 51:3-4, 5-6ab, 18-19/Mt 9:14-15

Saturday: Is 58:9b-14/Ps 86:1-2, 3-4, 5-6/Lk 5:27-32

Next Sunday: Gn 2:7-9; 3:1-7/Ps 51:3-4, 5-6, 12-13, 17 (see 3a)/
Rom 5:12-19 or 5:12, 17-19/ Mt 4:1-11

INSPIRATION FOR THE WEEK

Want to be a real revolutionary? Defy the fallen impulses of human nature. Love your enemy. Pray for your persecutor. Give to those who would take. We can do hard things, Christians. We aren't perfect, but our God is.

Ash Wednesday, the beginning of Lent



Ash Wednesday, that is, February 22, marks the beginning of the 40 days in which the Church invites its members to conversion and to truly prepare themselves to live the mysteries of Christ's Passion, Death and Resurrection in Holy Week.

The imposition of ash dates back to the first centuries of the Church. At that time people placed the ashes on their heads and presented themselves to the community in a "penitential habit" to receive the Sacrament of Reconciliation on Holy Thursday.

The ash is a symbol that reminds us of the need for God's mercy. Its function is described in an important document of the Congregation for Divine Worship and the Discipline of the Sacraments, more precisely in Article 125 of the "Directory on Popular Piety and Liturgy".

The word ash, from the Latin "cinis", represents the product of the combustion of something by fire. It adopted early a symbolic sense of death, expiration, but also humility and penance.

The ash, as a sign of humility, reminds the Christian of its origin and its end: "God formed man with dust from the earth" (Gen 2.7:1); "until you return to the earth, for you were made of it" (Gen 3.19:3).

The ashes are imposed on the forehead. This act takes place at Mass at the end of the homily and the laity are allowed to help the priest. The ashes are laid on the forehead, making the sign of the cross with them while the minister says the biblical words: "Remember that you are dust and you will become dust", or "Convert and believe in the Gospel".

Then, the one who receives the ashes leaves in silence meditating on the phrase or invitation that has just been made.

The imposition of ashes can be done without Mass, in an extraordinary way. However, it is advisable that the act precedes the Liturgy of the Word.

On Ash Wednesday, fasting and abstinence are mandatory, as is on Good Friday, for those over 18 and under 60. Outside those limits is optional. On those days the faithful can have a "heavy" meal only once a day.

Mass Schedule - February 22

St. Joseph's

8:30 a.m. (English)

7:00 p.m. (Spanish) Upper & Lower Church

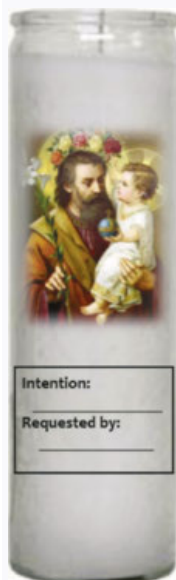
Immaculate Heart of Mary Chapel

8:00 a.m. (Bilingual)

ASH WEDNESDAY

Please note: Ashes will be distributed at all the Masses and every hour throughout the day in the Upper Church from 7:30 a.m. until 8:00 p.m.

CLPI



Candle in Honor of St. Joseph

Donation: \$10.00

Candles will be displayed in front of the altar during the *24 Hours of Prayer* that will begin on Friday, March 17

at the 7:00 p.m. Mass.

Candles will remain in the church until they burn out.

Stop by the Parish Office to reserve your candle.



Stations of the Cross

Every Friday during Lent

6:00 p.m.

Main Church

Patronal Celebration of St. Joseph



24 Hours of Prayers:

Starting on Friday, March 17 at the 7:00 p.m. Mass in the Main Church until Saturday, March 18 at the 5:00 p.m. Mass.

Mini-Concert: 6:00 p.m.

&

Dinner in honor of St. Joseph

to follow after the 6:30 p.m. Mass in the Community Center.

Tickets: \$35.00 Adults; \$15.00 Children under 12
(Includes dinner, refreshments & entertainment)

Fiesta Patronal de San José

24 Horas de Oración:

A partir del Viernes, 17 de marzo con la Misa de 7:00 p.m. en la Iglesia Principal culminando el Sábado, 18 de Marzo con la Misa de 5:00 p.m.

Mini Concierto: 6:00 p.m.

y

Fiesta y Cena en Honor a San José

Después de la Misa de 6:30 p.m., en el centro comunitario.

Tickets: \$35.00 Adultos; \$15 Niños menores de 12
(Incluye comida, refrescos y entretenimiento)





We, the Parish of St. Joseph of the Palisades...

a culturally diverse community of God's people,
hear the gospel and embrace the cross,
to know and live our Catholic faith;
to strengthen our community in God's love;
to welcome and serve our brothers and sisters with humility and dignity. . .
. . . as, by the grace of God, we become the

Living Stones of Christ's Church on the Palisades.



Vascular & Organ Wellness Ultrasound Screenings St. Joseph of the Palisades Parish

Monday, Tuesday, Wednesday & Thursday, March 13, 14, 15 & 16

Please call 832-437-7355 for your appointment. Appointments are limited due to our COVID safety procedures.

Do You Have Any of These Risk Factors?

High Blood Pressure • High Cholesterol • Family History of Stroke, Heart Attack, Aortic Aneurysms or Cancer
Diabetes • Atrial Fibrillation • Obesity

The first symptom of a stroke is a stroke! Early detection helps to save lives. Manage these controllable risk factors: smoking, unhealthy diet, physical inactivity, excessive weight, and alcohol consumption.



Stroke Risk Screening
Ultrasound of the carotid artery looking for plaque or blocked arteries.



Liver Screening
Ultrasound looking for physical lesions such as masses or tumors.



Abdominal Aortic Aneurysm Screening
Ultrasound of the abdominal aorta looking for an aneurysm.



Kidneys (2) Screening †
Ultrasound looking for physical lesions such as cysts, masses and stones.



Thyroid Screening †
Ultrasound looking for physical lesions such as nodules or cysts.



Gallbladder Screening †
Ultrasound looking for physical lesions such as polyps, stones, and sludge.

Total Discounted Package: All 7 Ultrasounds for \$169

Savings of \$174; Appointments: 832-437-7355; † No substitutions or discounts allowed

Additional Testing Available*

- A1c (Diabetes) \$25
- Lipids/Cholesterol \$25
- VTD (Vitamin D) \$45
- PSA (Prostate) \$45
- TSH (Thyroid) \$45
- CRP - (Cardiac Inflammation) \$45
- GGT (Liver Enzyme) \$45
- CRE (Kidney Creatinine Serum) \$45
- TTE (Testosterone) \$45
- Bone Density (T-Score) \$25

*These additional tests are not included in the Total Package cost and may not be available in all regions.



For blood package pricing, open phone camera, hover over QR code and tap the link.

Screening Preparations

- Wear a two-piece comfortable outfit.
- No food or caffeine 4 hours prior to screening.
- If you are diabetic, make sure to eat a light meal.
- If you are taking medication, continue to take it.

Saving Lives Since 2001!



Results read by a Board-Certified Radiologist and mailed directly to you in 3-4 weeks. Life threatening results expedited. Unless you are symptomatic, typically your doctor will not order diagnostic versions of these screenings and insurance companies may not pay for them. Please note that there is a 350 lb. weight limit on the medical screening tables. Stroke Scan Plus www.strokecan.com (716) 221-1821

LENTEN DAY of PRAYER and REFLECTION for LITURGICAL MINISTERS

The Paschal Mystery and the Presence of Christ

Extraordinary Ministers of Holy Communion, Lectors, Ushers, and Parish Musicians are invited to gather to reflect on Christ's Passion, Death, and Resurrection and discover its deep meaning for their lives, their ministry, and their parish communities.

Date and Time: SATURDAY, MARCH 11th

10:00 AM – 3:00 PM

Location: St. Joseph's Seminary, Yonkers

Tickets: Registration fee: \$35 (includes lunch)

More Information and Registration:

DayofPrayer2023.eventbrite.com

Questions: liturgy@archny.org



Parish Office Closed

The Parish Office be closed on Monday, February 27, in commemoration of All President's Day. One Mass will be celebrated at 9:00 a.m. only.

2023 Lenten Regulations

1. The days of both Fast and Abstinence during Lent are Ash Wednesday and Good Friday. If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully and to celebrate more readily His Resurrection. The other Fridays of Lent are days of Abstinence.
2. On a day of Fast, only one (1) full meal is permitted, and two (2) smaller meals which, if added together, would not exceed the main meal in quantity.
3. Those between the ages of 18 and 59 are obliged to fast.
4. On a day of Abstinence, no meat may be eaten. Those who have reached the age of 14 are obliged by the law of abstinence.
5. The obligation to observe the laws of Fast and Abstinence "substantially", or as a whole, is a serious obligation.
6. The Fridays of the year, outside of Lent, are designated as days of penance, but each individual may substitute for the traditional abstinence from meat some other practice of voluntary self-denial as penance.
7. The time for fulfilling the Paschal precept (Easter Duty*) extends from the First Sunday of Lent February 26 to the Solemnity of the Most Holy Trinity, June 4.

* Canon 920, 1. All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion at least once a year.

QUESTIONS OF THE WEEK

First Reading:

Leviticus teaches us that one way to be holy is to have an attitude of love and non-retaliation toward your family and neighbors. Can you name some examples when you have acted in this manner?

Second Reading:

Paul teaches that as believers we are now "the temple of God" with the "Spirit of God" dwelling in us. How might we celebrate this new reality?

Gospel:

Jesus challenges his disciples to love and to pray for your enemies. Why do you think Jesus encourages us to behave this way?



Seventh Sunday in Ordinary Time



Entrance

Gather Us In

Here in this place, new light is streaming,
Now is the darkness, vanished away,
See, in this space, our fears and our dreaming,
Brought here to you in the light of this days.
Gather us in the lost and forsaken,
Gather us in the blind and the lame;
Call to us now, and we shall awaken,
We shall arise at the sound of our name.

We are the young our lives are a myst'ry,
We are the old who yearn for your face,
We have been sung throughout all of hist'ry,
Called to be light to the whole human race.
Gather us in the rich and the haughty,
Gather us in the proud and the strong;
Give us a heart so meek and so lowly,
Give us the courage to enter the song.

Liturgy of the Word.

First Reading: Leviticus 19: 1-2, 17-18

Responsorial Psalm: **The Lord is kind
and merciful.**

Second Reading: 1 Corinthians 3: 16-23

Gospel Acclamation: **Alleluia!**

Gospel: Matthew 5:38-48

Homily

Offertory

God Is Love

Refrain

**God is love, and all who live in love,
live in God... X2**

God is light, in God there is no darkness,
Come live in the love of the Lord.

Refrain

Come to the Lord, receive the light,
and live in the love of the Lord.

Refrain

We are called to be God's own children,
to live in the love of the Lord.

Refrain

Communion

Love Divine, All Loves Excelling

Love divine, all loves excelling,
joy of heav'n to earth come down!
Fix in us your humble dwelling,
all your faithful mercies crown.
Jesus, source of all compassion,
love unbounded, love all pure;
vivit us with your salvation,
let your love in us endure.

Come, almighty to deliver,
let us all your life receive;
suddenly return and never,
never more your temples leave.
Lord, we would be always blessing,
serve you as your host above.
Pray, and praise you without ceasing,
glory in your precious love.

Recessional

Glory and Praise to Our God

Refrain:

**Glory and praise to our God,
who alone gives light to our days.
Many are the blessings he bears
to those who trust in his ways.**

We the daughters and Sons of him
who built the valleys and plains,
praise the wonders our God has done
in ev'ry heart that sings.

Refrain

In his wisdom he strengthens us,
like gold that's tested in fire.
Though the power of sin prevails,
our God is there to save.

Refrain



VII Domingo Tiempo Ordinario



Canción de Entrada

Yo Canto Amor

Estrillo:

*Yo canto amor porque tú eres amor.
Yo canto paz porque tú eres la paz... (bis)*

Canto con todos los pueblos, Señor,
con los que esperan de ti redención.
Canto con todos los que sufren,
con todos los que ríen, con todos los que buscan amor.
Canto, Señor, con la confianza que vive
en la esperanza del día que vendrás a salvar.

Liturgia de la Palabra. Pág. 105 (Año A)

Primera Lectura: Levítico 19, 1-2. 17-18

Salmo Responsorial: **El Señor es compasivo y misericordioso.**

Segunda Lectura: 1 Corintios 3, 16-23

Evangelio: Mateo 5, 38-48

Homilía.

Canción de Ofertorio

Si Yo No Tengo Amor

Estrillo:

Si yo no tengo amor, yo nada soy, Señor... (bis)

El amor es comprensivo. El amor es servicial.
El amor no tiene envidia. El amor no busca el mal.

El amor nunca se irrita. El amor no es descortés
El amor no es egoísta. El amor nunca es doblez.

El amor disculpa todo. El amor es caridad.
No se alegra de lo injusto. Sólo goza en la verdad.

El amor soporta todo. El amor todo lo cree.
El amor todo lo espera. El amor es siempre fiel.

Canción de Comunión

Un Mandamiento Nuevo

Estrillo:

*Un mandamiento nuevo nos da el Señor,
que nos amemos todos como nos ama Dios... (bis)*

La Señal de los cristianos
es amarnos como hermanos.

Quien a sus hermanos no ama,
miente si a Dios dice que ama.

Cristo Luz, Verdad y Vida,
al perdón y amor invita.

Perdonamos al hermano,
como Cristo ha ordenado.

Comulgemos con frecuencia
Para amarnos a conciencia.

Quitad odios y rencores
de todos los corazones.

Canción de Salida

La Misa No Termina

Estrillo:

*La misa no termina aquí en la iglesia.
Ahora la empezamos a vivir... (bis)*

Porque en la vida
cada día recordaremos
lo que aquí hemos vivido
y aprendido a compartir.

Hemos de ser la levadura,
hemos de ser semilla y luz.
Junto a nosotros,
caminando, viene Jesús...

Miércoles de Ceniza, inicio de la Cuaresma



El Miércoles de Ceniza, es decir el 22 de febrero, inician los 40 días en los que la Iglesia invita a sus miembros a la conversión y a prepararse verdaderamente para vivir los misterios de la Pasión, Muerte y Resurrección de Cristo en la Semana Santa.

La imposición de ceniza data de los primeros siglos de la Iglesia. En ese entonces las personas se colocaban la ceniza en la cabeza y se presentaban ante la comunidad con un "hábito penitencial" para recibir el Sacramento de la Reconciliación el Jueves Santo.

La ceniza es un símbolo que nos recuerda la necesidad de la misericordia de Dios. Su función está descrita en un importante documento de la Congregación para el Culto Divino y la Disciplina de los Sacramentos, más precisamente en el artículo 125 del "Directorio sobre la piedad popular y la liturgia".

La palabra ceniza, viene del latín "cinis", representa el producto de la combustión de algo por el fuego. Esta adoptó tempranamente un sentido simbólico de muerte, caducidad, pero también de humildad y penitencia.

La ceniza, como signo de humildad, le recuerda al cristiano su origen y su fin: "Dios formó al hombre con polvo de la tierra" (Gn 2,7); "hasta que vuelvas a la tierra, pues de ella fuiste hecho" (Gn 3,19).

Las cenizas se imponen en la frente. Este acto tiene lugar en la Misa al término de la homilía y está permitido que los laicos ayuden al sacerdote. Las cenizas son impuestas en la frente, haciendo la señal de la cruz con ellas mientras el ministro dice las palabras bíblicas: «Acuérdate que eres polvo y en polvo te convertirás», o «Conviértete y cree en el Evangelio».

Luego, quien recibe las cenizas debe retirarse en silencio meditando la frase o invitación que le acaban de hacer.

La imposición de cenizas puede realizarse sin Misa, de forma extraordinaria. Sin embargo, es recomendable que al acto le preceda la liturgia de la palabra.

En Miércoles de Ceniza es obligatorio el ayuno y la abstinencia, como en el Viernes Santo, para los mayores de 18 años y menores de 60. Fuera de esos límites es opcional. Ese día los fieles pueden tener una comida "fuerte" una sola vez al día.

Misas - 22 de Febrero

San José

8:30 a.m. (Inglés)

7:00 p.m. (Español) Iglesias de Principal y Capilla

Capilla del Inmaculado Corazón de María

8:00 a.m. (Bilingüal)

Se distribuirán las cenizas en todas las Misas y cada hora durante el día en la Iglesia de Arriba comenzando a las 7:30 a.m.

MIÉRCOLES DE CENIZA

NO Habrán Confesiones el Miércoles de Cenizas.

©LPI

Parroquia San José de Palisades

6401 Palisade Avenue, West New York, New Jersey

Retiro Cuaresmal

"Los Tres Pilares de la Cuaresma
Oración, Ayuno y Caridad"



Domingo, 12 de Marzo

Empezando con la Eucaristía de 10:30 a.m.

Centro Comunitario

**Predicadores: Padre Danny Pabon,
Padre Alex Gaitán, CMS, y Juan Paulino**

Donación: \$15 (Incluye almuerzo)

Música, Predicación y Hora Santa

Para más información llamar a la Oficina Parroquial (201) 854-7006.



Vela en Honor a San José

Donación: \$10.00

Las velas se exhibirán frente al altar durante las *24 Horas de Oración* que comenzará el viernes 17 de marzo en la Misa de las 7:00 p.m.

Las velas permanecerán en la iglesia hasta que se apaguen.

Pase por la Oficina Parroquial para reservar su vela.



Via-crucis

Viernes durante Cuaresma
Después de la Misa de 7:00 p.m.
Capilla de San José

Regulaciones de Cuaresma 2023

1. Los días de ayuno y abstinencia durante la Cuaresma son el Miércoles de Cenizas y el Viernes Santo. El ayuno del Viernes Santo puede continuar hasta la Vigilia Pascual para honrar el sufrimiento y la muerte del Señor Jesús. Los otros Viernes de Cuaresma son días de abstinencia.
2. En un día de ayuno, sólo se permite **una (1) comida completa, y dos (2) comidas más pequeñas, las cuales, si se suman, no excederían la comida principal en cantidad.**
3. Los que tienen entre 18 y 59 años de edad están obligados a ayunar.
4. En un día de abstinencia, no se puede comer carne. Los que han cumplido los 14 años están obligados por la ley de abstinencia.
5. La obligación de observar las leyes del Ayuno y Abstinencia “considerablemente” o completamente, es una obligación seria.
6. Los viernes del año fuera de la Cuaresma, están designados como días de penitencia, pero cada individuo puede substituir la abstinencia tradicional de la carne por otra práctica de penitencia voluntaria.
7. El tiempo para cumplir el Precepto Pascual se extiende desde el **primer domingo de Cuaresma, 25 de Febrero, hasta la Solemnidad de la Santa Trinidad, 4 de Junio.**

Canon 920, 1: Todos los creyentes, después de ser iniciados a la Santísima Eucaristía, están comprometidos a recibir la Comunión por lo menos dos (2) veces al año.

Oficina Parroquial Cerrada

La oficina parroquial estará cerrada el lunes, 27 de Febrero en conmemoración del Día de todos los Presidentes. Se celebrara una Misa a las 9:00 a.m.

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I would like to thank our parish group “Hermandad del Cristo Negro de Esquipulas” for their generous donation to the parish. Their donation was used to purchase new light bulbs for the Main Church chandelier. You can notice a great difference in the lighting now.

Quiero agradecer a la Hermandad del Cristo Negro de Esquipulas por su generosa donación a la parroquia. Su donación fue utilizada para comprar nuevas bombillas para la lámpara de la Iglesia Principal. Se puede notar una gran diferencia en la iluminación ahora.



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